



LIVED EXPERIENCE WORKFORCE PROGRAM

Training for Line Managers of NGO Mental Health Lived Experience/Peer Workforce

About Our Training

The MHCSA in partnership with the Office of the Chief Psychiatrist, has developed training for leaders who directly supervise mental health Lived Experience/Peer Workers within the NGO sector - or whose organisation is supporting them towards a role in which they will. These workshops are non-accredited and are based on needs identified by Managers and Leaders.¹

Each workshop in the series is drawn from current best practice and evidence and has been co-produced by Lived Experience Workers and Leaders from both sectors. A blend of information and interaction provides opportunity for leaders to share and unpack challenges, successes and consider strategies to take back to the workplace.

The aim of this training is to:

- Provide Leaders with an understanding of the values, principles and skill set that underpins Lived Experience/Peer Work in the NGO mental health context
- Support understanding of the peer work role, how it differs to other support roles or simply having lived experience, and how it intersects with other roles
- Share ideas and develop strategies for implementing best practice, developing the Lived Experience Workforce within organisations and embedding the role within teams
- Increase confidence in leading and line managing Lived Experience Workforce
- Promote an effective Lived Experience Worker/Leader working relationship
- Provide opportunity for Leaders within organisations to connect and partner across programs
- Support organisations to be part of the development of a strong, professional Lived Experience/Peer Workforce within SA

Cost

All costs include LEWP's delivery time, session resources, post-session mail out with additional resources, travel and associated planning and administration costs.

Option a) Delivery at MHCSA organised venue

4 x 2.5-hour sessions:	\$2179.00 + GST
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OR

2 x 4-hour sessions:	\$1685.01 + GST
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¹ 2015 LEWP Training Needs Analysis, CALHN Evaluation of the Lived Experience Workforce (2014), SA Health Lived Experience Workforce Project Management Consultation (2012) and ongoing session evaluations conducted by the LEWP (MHCSA) since 2017

Option b) Delivery at a venue provided by the NGO

4 x 2.5-hour sessions:	\$1819.29 +GST
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OR

2 x 4-hour sessions:	\$1415.01 + GST
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Overview of Sessions

1. Strengths-based recruitment of Lived Experience/Peer Workforce

- Core skills, principles and values of mental health Lived Experience/Peer Work
- Exploring Job Descriptions
- Designing interview questions
- Interviewing Lived Experience Workers

2. Establishing the role

- Establishing the role within the team
- The Job Description in action
- Exploration beyond the Job Description

3. Supervision of Lived Experience Workforce

- Supervision in your organisation – current practice
- Ideas for best practice
- Thinking about Lived Experience/Peer Supervision

4. Supporting wellbeing and resilience

- Strengths in lived experience
- Your current self-care practices
- Supporting Lived Experience Workers in the workplace
- Taking it back to your organisation

What We Provide

Before the session:

- Collaboration with the organisation to plan the session
- Venue booking (unless organised by the NGO)

At the session:

- Trainer
- Presentation on USB
- Copies of all handouts required on the day

After the session:

- Post session mail out (link to Dropbox containing presentation slides, notes and other reading and resources)
- Report from collated Evaluation Forms
- Follow up support as required to continue developing your Lived Experience Workforce e.g. through implementation of NGO Mental Health Lived Experience Workforce Standards and Guidelines

What You Provide

Before the session:

- Collaboration with LEWP to plan the session format (e.g. 4 x 2 ½ hour sessions OR 2 x half-day)
- Venue (unless booked via MHCSA)
- Attendees – numbers to be provided to LEWP prior to each session

At the session:

- Resources for workshops e.g. butcher's paper, markers, pens, post it notes
- Laptop
- Projector or TV with speakers
- Whiteboard and markers
- Tea, coffee, water and any refreshments you wish to have

After the session:

- Any feedback to the LEWP that was not noted in Evaluation Forms
- Contact for any follow up support to continue developing your Lived Experience Workforce

Further Information or to Book

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Cancellation Policy

We request that if you choose not to go ahead with booked training that you give us reasonable notice – preferably one month but no less than one week. This will allow us to re-allocate resources to other activities and avoid a potential booking fee being charged.

<https://mhcsa.org.au/lived-experience-workforce-program/>