

2020-21 ANNUAL REPORT



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Membership

Members

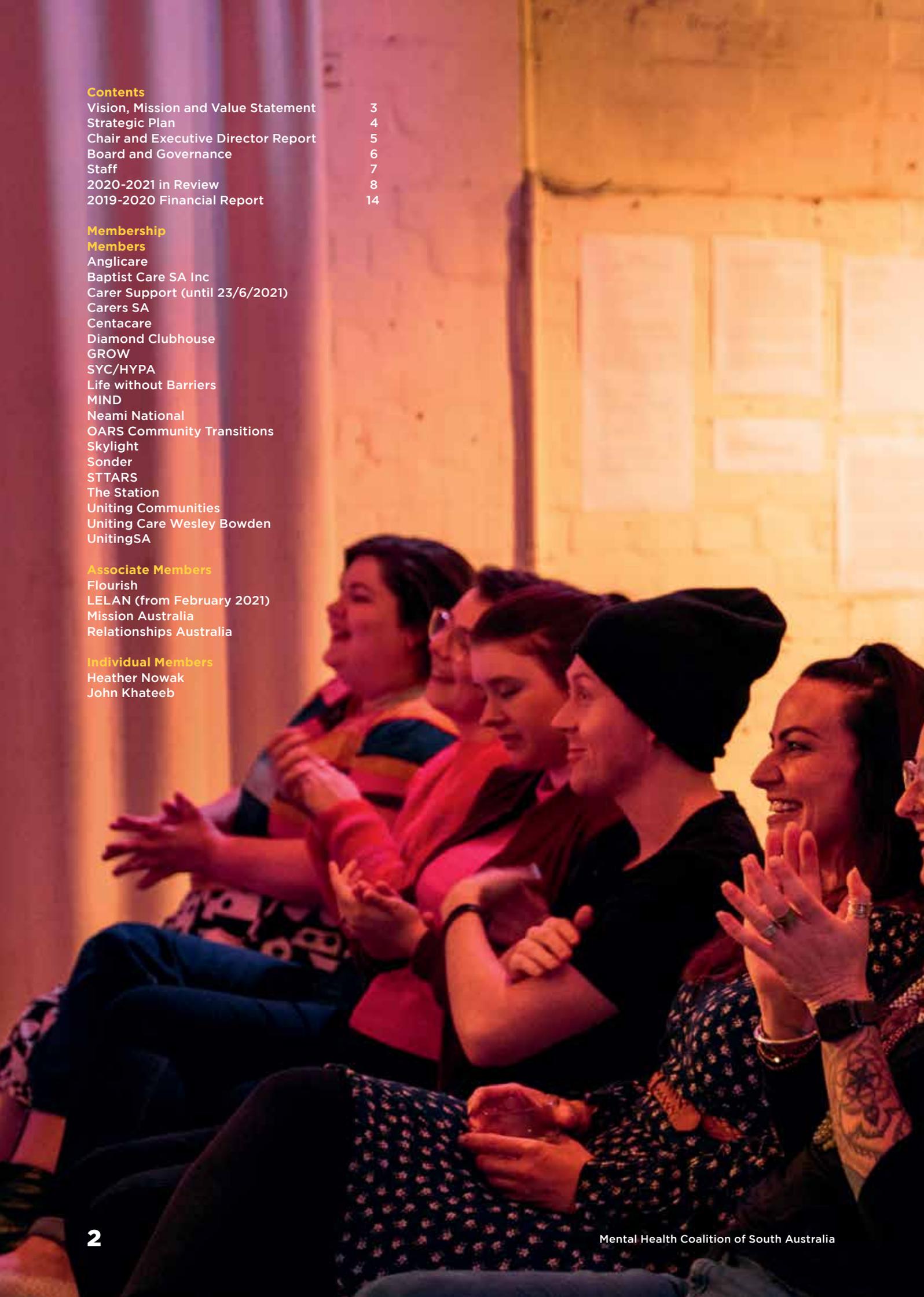
Anglicare
Baptist Care SA Inc
Carer Support (until 23/6/2021)
Carers SA
Centacare
Diamond Clubhouse
GROW
SYC/HYPA
Life without Barriers
MIND
Neami National
OARS Community Transitions
Skylight
Sonder
STTARS
The Station
Uniting Communities
Uniting Care Wesley Bowden
UnitingSA

Associate Members

Flourish
LELAN (from February 2021)
Mission Australia
Relationships Australia

Individual Members

Heather Nowak
John Khateeb





VISION, MISSION AND VALUE STATEMENT

Vision

All South Australians affected by mental illness are receiving the support they need to live well in the community.

Mission

To influence the development, range and responsiveness of services to support people affected by Mental Illness by:

- Working to reduce stigma and increase understanding of mental illness and its prevention
- Representing and working with the community mental health service sector (non government) to support people affected by mental illness
- Promoting and building the role of the community mental health sector (non government)

Value Statement

We believe in the inherent value and dignity of each individual and the right to self-determination, citizenship and social justice.

STRATEGIC PLAN

The Board is proud to present our 3 year Strategic Plan which the MHCSA is well placed to deliver. The MHCSA has a strong membership that is representative of the sector. Our Members and staff have a high level of capability and a strong commitment to working with lived experience.

Strategic Direction	Objectives	Strategic Priorities	
1. A sustainable coalition	1.1 A clear mission and vision that is underpinned by an effective governance framework	1.1.1 MHCSA is a professional, transparent and robust organisation that clearly communicates our vision, mission, values and governance 1.1.2 Governance driven by lived experience	
	1.2 Sustainability through staff capability and multiple funding sources	1.2.1 Develop viable workforce and training opportunities prioritising the lived experience workforce	
		1.2.2 Actively pursue sustainable core funding and diverse funding streams	
		1.2.3 Identify professional development opportunities within a supportive workplace that builds the skills of the team in a changing environment	
		1.2.4 Develop a Disability Action and Inclusion Plan	
	1.3 Strong and collaborative relationships with members and key partners	1.3.1 Lead information exchange and engagement with members, potential members and key partners	
		1.3.2 Facilitate and promote co-design/ co-production that values lived experience and member participation	
		1.3.3 Build new and strengthen existing relationships to influence the changing landscape	
	2. Leadership, Influence and Advocacy	2.1 Influence policy and mental health service delivery through strong relationships with LHN's & PHN's	2.1.1 Maintain and build national and state alliances
			2.1.2 Build new relationships appropriate to responding to holistic needs of consumers and carers
2.1.3 Understand and learn from international experience			
2.2 Promote a positive and holistic approach to mental health		2.2.1 Articulate the evidence for a more balanced understanding of mental health including psychosocial models and principles	
		2.2.2 Build relationships with universities and researcher to enable more resourcing in areas of strategic interest	
2.3 Take a leadership role in ensuring NDIS is tailored to the needs of people with psychosocial disability and sits appropriately in a continuum of care		2.3.1 Actively engage with key influencers in NDIS development to ensure NDIS is tailored to meet the needs of people with psychosocial disability	
		2.3.2 Promote issues of sector and workforce sustainability in new funding/income models, including NDIS	
		2.3.3 Utilise data and other evidence to promote continuity of support for people who will not receive NDIS individual packages	
2.4 Integrate Lived Experience in all activity		2.4.1 Actively seek and promote lived experience viewpoints in all activities	
2.5 Leader in recognition and promotion of human rights in mental health		2.5.1 Promote effective strategies to improve access to the full rights of citizenship for people with mental illness	
3. Promoting quality access and equity	3.1 Improve relationships and sector capability to respond better to needs of people from ATSI, CALD, LGBTI, rural and remote and carers	3.1.1 Develop a Reconciliation Action Plan	
		3.1.2 Investigate and seek opportunities with CALD, LGBTIQ, Rural & Remote & Carers.	

PRESIDENT AND EXECUTIVE DIRECTOR REPORT



We are pleased to present to you our 2020/21 annual report. This past year has been an important one for the Mental Health Coalition South Australia (MHCSA) in many ways and we are proud to share with you our accomplishments over the past year.

MHCSA is a small organisation with a big commitment to delivering great value for our members and within the community mental health system. This year we have taken a bold new approach to developing our new 3-year strategic direction. The Board engaged a consultant to listen to you and to draw out feedback and input on what matters and deliver the highest value for you. We are looking forward to launching our new directions shortly.

We have all experienced a challenging year traversing COVID-19. For the MHCSA this included hosting the 3rd National CMHA NDIS & Mental Health Conference in South Australia. Bringing this conference here was one of our contributions to leadership and capacity building. With the challenges of COVID-19, delivering on our commitment during these times loomed large and thankfully both were much kinder to us than they could have been.

The Conference was essentially completely renovated in terms of content and delivered on a virtual platform. While this change was an enormous pressure on our team, the end result was an impactful opportunity for South Australia to showcase our state, learn from our national colleagues and overall we received highly positive feedback from delegates and sponsors.

The MHCSA represents our members in influencing policy and reform. This year a momentous report was released by the Productivity Commission (PC) on their inquiry into mental health. The MHCSA

represented our members through three submissions, two of which were on the topic of human rights in partnership with our colleagues at Lived Experience Leadership and Advocacy Network (LELAN). We also made a presentation when the PC visited Adelaide and contributed to submissions with our national peaks.

Important to MHCSA and our members is the PC report recognised the need for lived experience to drive reform, identified the importance of social determinants of health and provided clear recommendations to drive substantial reform in mental health. A key finding was the 80% unmet need for psychosocial support (even when NDIS is fully implemented) and the recommendation to invest in meeting this need. We will continue our collective work with our national and state colleagues to encourage governments to implement the recommendations.

At a state level, the South Australian Government endorsed the SA Mental Health Services Plan. The MHCSA and our sector provided a high level of input to the plan which includes a range of innovations such as crisis alternatives, NGO mental health service redesign, human rights focus, a housing first approach and growing the lived experience workforce. The implementation phase is starting to ramp up and we are working closely with SA Health and our sector on the co-design of some of the key initiatives.

One important example of the MHCSA contribution to the implementation of the SA Mental Health Services Plan is in the capacity building and sector development in elevating and expanding the designated lived experience workforce. MHCSA through our Lived Experience Workforce Program have over many

years co-designed training and capacity building resources needed to support the Lived Experience Workforce within the community mental health sector.

Our Mental Health Promotion work was similarly made more time consuming, including our signature Mental Health Week and Festival of Now. 2020/21 presented many complexities as we planned events and activities in a highly changeable environment. While the program changed dramatically; the result was highly successful as you can read in the 2020-21 Review.

Achieving all this would not be possible without our dedicated and impressive team at the MHCSA. Our Board consistently recognises our team as “punching above their weight”, we appreciate and value their personal and professional investment on delivering on our mission, vision and directions.

We would also like to thank our members and importantly our funders and incredibly dedicated volunteer Board. Our impact in delivering on our vision for South Australians affected by mental illness to be able to receive the support they need to recover and live well in the community is the result of all of your collective efforts.

Kim Holmes,
President, MHCSA

Geoff Harris,
Executive Director, MHCSA

BOARD AND GOVERNANCE

BOARD AND OFFICE BEARERS (FROM AGM 2020)

Organisation	Representative	Office Held
Neami National	Kim Holmes	President
STTARS	Robyn Smythe	Vice-President
Skylight	Paul Creedon	Treasurer
Life without Barriers	Kyp Boucher	Secretary
MIND	Helen Sheppard (until 23/6/2021)	
Uniting Communities	Sarah Watson	
Centacare	Helene Nielsen (until 28/10/2020)	
Centacare	Kim Formosa (from 25/11/2020)	
UnitingSA	Stuart Boyd (from 25/11/2020 until 24/2/2021)	
UnitingSA	Daniel Cox (from 24/3/2021)	
Co-opted Member	Lyn English	
Co-opted Member (Diamond Clubhouse)	Kim Smith	
MHCSA	Geoff Harris (Executive Director)	Public Officer

BOARD SUB-COMMITTEES

Board	Member	MHCSA
Audit & Compliance Committee:	Paul Creedon	Geoff Harris
	Kyp Boucher	
	Sarah Watson	
	Helen Sheppard	
Membership and Governance Sub-Committee:	Kim Holmes	Geoff Harris
	Robyn Smythe	
	Kim Smith	
	Lyn English	

BOARD



Kim Holmes
Neami National
President



Robyn Smythe
STTARS
Vice-President



Paul Creedon
Skylight
Treasurer



Kyp Boucher
Life without
Barriers Secretary



Helen Sheppard
MIND



Sarah Watson
Uniting
Communities



Helene Nielsen
Centacare



Kim Formosa
Centacare



Lyn English
Co-opted Member



Kim Smith
Co-opted Member
(Diamond Clubhouse)



Daniel Cox
UnitingSA

2020-2021 MHCSA STAFF



Geoff Harris
Executive Director



Fiona Gilmore
Administration Manager



Shandy Arlidge
Senior Policy Officer & Projects



Belinda Brown
Project Manager Lived Experience Workforce Program



Karen McCulloch
Senior Project Officer Lived Experience Workforce Program (until 22/12/2020)



Lizzie Graham
Senior Project Officer Lived Experience Workforce Program (from 1/3/2021)



Louise Pascale
Communications & Media Consultant



Anna Jeavons
Mental Health Marketing & Promotions Officer



Tricia Leydin
E News Coordinator



Rob Davi
Peers at Work Project Officer (until 16/4/2021)



Danielle Tapley
Administration Assistant (from 25/1/2021)





2020-2021 IN REVIEW

As 2020 came to an end and 2021 began we became very comfortable with the term pivot. While many were returning to workplaces after experiencing lockdown and working from home, the MHCSA remained officeless as our North Adelaide office was impacted by a fire at an adjoining property. We set up temporary office accommodation in the Westpac Building in the City and after months of searching finally settled into our new location at 195 North Terrace.

It was a trying time for the organisation and while we worked remotely and in temporary offices one thing did not change and that was our dedication to delivering our core work for the non-government mental health sector. Our focus continued on making sure human rights and lived experience remained embedded in all that we do.

The year has seen some great steps forward for mental health reform with the opening of the Urgent Mental Health Care Centre in the Adelaide CBD as an alternative to the Emergency Department operated by Neami National.

Meanwhile the impacts of COVID-19 continued and while there was much hope 2021 would be distinctly different from the year before, what we have seen is that our need to adapt to a new way of living is greater than expected. The mental health crisis we predicted would come out of the pandemic has come to fruition with resources being stretched to deal with it. The mental health system was underfunded and at capacity prior to COVID-19 and what we have seen is the Ambulance falling off the cliff - just as we had predicted back in 2017.

The June South Australian State Budget did see a significant injection of funding into mental health, however more investment will be required to implement many of the initiatives in the Mental Health Services Plan.

The 3rd National CMHA NDIS & Mental Health Conference

Optimistically we planned to hold a face to face conference at the Adelaide Convention Centre in February for the already postponed 3rd National CMHA NDIS & Mental Health Conference. But like all plans for 2020 we had to revert to a COVID-SAFE option of an online event instead. To keep our delegates engaged with the delay we held exclusive webinars.

Our first featured Dr Gerry Naughtin, Strategic Advisor, Mental Health and Psychosocial Disability in the Strategic Advice, Research and Inclusion Division of the NDIA and his colleagues Malitha Perera and Erandathie Jayakody. Over half of our delegates joined us to discuss the new Recovery Coach role which became available for NDIS plans as of 1st July.

Our second webinar was hosted by Danielle Bament and featured Sarah Hylton, Team Leader Skylight Lived Experience Telephone Support Service and Matthew Newland, Coordinator Mental Health Services, Uniting SA. They discussed Lived Experience Workforce response to COVID-19. This too was a well received webinar.

Finally we went live with the Conference on February 4 and 5, 2021. Based in the 5th floor boardroom of Uniting Communities we broadcast two days of programming. The days were shortened to suit the on-line format. Programming Director Shandy Arlidge worked hard to make sure that the content was still up to date and captivating.

The program we delivered encompassed the voice of lived experience, sector workers, decision makers, policy makers and academics. It spoke of the successes of the NDIS as well as taking a hard look at where it can still be improved.



The Conference themes included lived experience, human rights and the interface with other systems such as mental health. Ultimately it was a highly successful event with great feedback from over 300 delegates from around Australia.

Conference organiser Louise Pascale and the team at the MHCSA worked tirelessly on the conference since we first decided to give it a go in the middle of 2019. It was nearly two years of working and reworking to finally deliver it. We would not have been able to deliver the Conference under these circumstances if it were not for our sponsors who stayed dedicated to its outcome.

We would like to thank;

- SA Health, Office of Chief Psychiatrist
- Uniting Communities
- Skylight
- Department Social Services (Commonwealth)
- Anglicare SA
- Life Without Barriers
- NEAMI National
- Uniting SA
- Flourish Australia
- Centacare
- Wellbeing SA
- Sonder and Headspace
- Mind
- Adelaide PHN

COVID-19 Second Wave Preparedness Project

The MHCSA received funding from the Office of the Chief Psychiatrist to support the NGO sector in the case of a second (or subsequent) wave of COVID-19. With this we conducted online workshops with the sector and discovered that after the first wave, most of the sector feels confident in managing future restrictions while supporting their clients. Meanwhile workers are considered essential under the banner of disability and we have continued to advocate for specific recognition for the Mental Health and Peer workforce. It is important to note that support through COVID-19 has required innovative responses both for how to support people in the community and for staff and management to stay well and resilient in these relentless times.

National Disability Insurance Scheme (NDIS)

This year we continued working with the SA NDIS Psychosocial Disability Taskforce which meets regularly to identify and resolve issues. We provided a submission on Independent Assessments and input to the work of our national peak bodies Community Mental Health Australia and Mental Health Australia.

Legislation

We also worked with the Rights Resources Network SA, Lived Experience Learning and Advocacy Network, SACOSS and other peak bodies to provide comment on a range of legislation including the draft Suicide Prevention Bill.



South Australia Mental Health Services Plan

MHCSA and sector representatives were strongly engaged in the development of the SA Mental Health Services Plan. During the year, work on implementing the Plan has gathered pace. MHCSA and sector representatives have been invited to sit on a range of committees implementing various aspects of the Plan including Lived Experience Workforce, NGO Redesign and Human Rights.

During the year there was a high level of public attention on mental health problems. Many knee jerk solutions were proposed. As always, the MHCSA continued to put forward constructive comments aimed at solutions that are strategic and progress mental health reform to improve our system capacity to support individuals and families managing mental distress. A key part of this was pointing out that a wide range of people with lived experience and stakeholders from government and non-government organisations were involved in shaping the SA Mental Health Services Plan. The priority now is for the SA Government to invest in implementing the Plan.

National work

Our advocacy work continued at a national level with Community Mental Health Australia and Mental Health Australia. Here we provided input to the Federal Government's COVID Mental Health Strategy, the National Mental Health Commission's Vision 2030 and their study on developing a National Safe Spaces Network.

MHCSA also worked closely with Mental Health Australia to highlight the importance of the National Agreement on Mental Health and Suicide Prevention in implementing the next phase of reform recommended by the Productivity Commission. This included writing a joint letter to the South Australian Premier and emphasising the need to invest in reducing the enormous unmet need for psychosocial support.

Growing and Supporting the Lived Experience Workforce

Our commitment to the advocacy, development and capacity building of the Lived Experience Workforce over the past year has presented us with challenges unlike anything we have experienced before. Much like the process of recovery, we have had to sit with discomfort. Within the chaos were opportunities for innovation, growth and the rediscovery of a level of personal and collective resilience we had forgotten we had.

We adapted very quickly to a monthly online meeting for our Lived Experience Reference Group which led to a group decision to continue with a blended approach moving forward. Along with the work of LEWP, the group has become a go-to for organisations seeking Lived Experience Workforce expertise such as the RSPCA Safe Kennels Project, discussions on developing a peer workforce in the housing sector and a UniSA PhD research project, 'Understanding the context, influence and sustainability

of the lived experience workforce contribution to mental health service delivery'.

Nationally and locally, mental health plans and strategies are acknowledging the value of lived experience as integral to the delivery of quality, person-centred mental health support. This year LEWP was involved in consultations to support the development of the National Peer Workforce Development Guidelines and is part of the Statewide Lived Experience Workforce Framework Taskforce, developing a strategic framework for the Lived Experience Workforce in South Australia. Resources that LEWP has developed such as the NGO (non-Government organisation) Lived Experience Workforce Standards and Guidelines and Peer Supervision Framework were referenced in both projects.

The Office of the Chief Psychiatrist continues to support LEWP through funding its core activities. This year LEWP has also developed a strong working relationship with the Department for Innovation and Skills who supported the undertaking of value-add projects that have direct links to our strategy, benefitting our sector and the Lived Experience Workforce in the State.

In response to needs identified by the NGO sector LEWP sought funding through the Department of Innovation and Skills to partner with Centacare's Registered Training Organisation (RTO) to develop the Pathways to Peer Work Project. The project aimed to address specific barriers to ensuring quality pathways to the Certificate IV in Mental Health Peer Work and peer work employment within the NGO sector.

As part of this project, LEWP co-designed and piloted two innovative training programs which were the Orientation to Peer Work Program and Peer Supervision Training.

Orientation to Mental Health Peer Work Program

This five-day training provides participants with a solid understanding of the realities of peer work, of employment within the NGO sector and the study required to become an effective Peer Worker. Individuals are supported to self-determine readiness for study and employment and are free to exit the program at any stage, to connect with other opportunities such as advocacy, representation or personal recovery development. Participants of the pilot were prioritised for the Certificate IV in Mental Health Peer Work selection process with Centacare.

“So many useful and intimate details about the work shared which had helped make it more clear to me what the role of a peer worker actually entails.” - Attendee

Through an Expression of Interest process, thirty-four people attended the first session at which representatives from LEWP, the Lived Experience and Advocacy

Network (LELAN) and Lived Experience Australia outlined diverse ways lived experience can be utilised (workforce, advocacy and representation). We were pleased to support twenty participants to continue on to Centacare’s selection process.

“I would like to thank Bel and Lizzie for the safe, warm and comfortable space provided to complete this orientation course.” - Attendee

We have also continued our Peer Supervision Training with five people who completed this two-day training following an Expression of Interest process. The content aligns with the LEWP Peer Supervision Framework and was co-designed to meet the peer supervision needs of the NGO mental health sector by upskilling experienced Peer Workers and supporting career pathways into leadership and increasing the pool of skilled and trained individuals who can provide peer practice supervision within the NGO sector

Attendees are delivering or working towards opportunities within their organisations to provide peer supervision, or engaged in a subcontracting arrangement to LEWP’s fee-for-service peer supervision.

Peers at Work

The MHCSA continued to support the development of Peers at Work as a Lived Experience Cooperative thanks to the generous support from the Fay Fuller Foundation. Peers At Work held a Formation Meeting and submitted the Cooperative Formation documents and is still awaiting a formal response from Consumer and Business Services.

Neo Teen Takeover

The theme for SA’s Youth Week in 2021 was “Our Voice - Our Future”. In May the mindshare team hosted a Stall at Neo Teen Takeover at the Art Gallery of South Australia, with a zine workshop art installation by Nate Hutton asking the question “What changes do you want to see in the world to support youth mental health?”

As one respondent answered - “Recognise mental health is an ongoing journey and that having spaces that celebrate and encourage each other’s strengths will help in conversations to destigmatise mental health as an illness.”



Adelaide Fringe 2021 and the Mental Health Awareness Award

In 2021, mindshare and the MHCSA were excited to present the inaugural Adelaide Fringe “Mental Health Awareness Award”, including \$1000 prize money. The winner was determined by a team of mindshare reviewers with lived experience of mental illness. The winning production, *THE TWINS*, was described by our reviewer as “a masterpiece of brilliance: taking the heaviness of life and lifting it up into the light”. As well as celebrating excellence in this space, the Mental Health Awareness Award supports creators to continue sharing stories of lived experience and advocating for mental health.

Mental Health Week 2020

Like so much of 2020 we took parts of Mental Health Week online and launched with a video featuring our Mental Health Week Ambassador, Aboriginal singer and songwriter Nancy Bates, Minister for Health and Wellbeing Stephen Wade and our Executive Director Geoff Harris. This high-quality video reached 40,567 South Australians.

Our theme for Mental Health Week was *Every Person, Every Community*. The theme spoke to our collective need to support each other with the mental health challenges coming from COVID-19. This was well received, especially through social media where we had strong engagement.

Staying online we also produced a suicide prevention campaign for the construction industry called *Hey Mate!*, which reached 113,312 workers on Facebook and Instagram with 66,552 impressions on Snapchat. 250 South Australians visited the MHCSA’s need-help-now page as a result of the campaign.

mindshare continues to play a strong role in our Mental Health Week events with the Creative Writing Awards receiving 149 entries, more than doubling the previous year’s submissions. The mindshare Exhibition was extended from City Library into all three City of Adelaide libraries which included Hutt Street and North Adelaide with the North Adelaide Community Centre. This saw around over 4000 members of the public seeing it with 12 pieces sold for the artists.

mindshare also temporarily handed over its Instagram account for the Mental Health Week Instagram Takeovers. Creatives with lived experience of mental illness took over the account to share their stories, with positive feedback from both participants and the audience. Events like this on social media bring the voice of lived experience to our growing audiences in real time.

We were also fortunate to hold Poetry Prescribed and Laughter Is The Best of Meds as in-person events and both sold out, with audiences of over 70 patrons at each (the maximum allowed given COVID-19 restrictions). These are integral events where we are able to bring the voice of lived experience to audiences in an accessible and open way through creativity and comedy.

Through our Rural Grants program we supported mental health promotional activities across Purnong, Port Lincoln, Whyalla, Barmera, Wallaroo, Mount Barker, Kangaroo Island, Kadina, Roxby

Downs, the Barossa and surrounding regions. These included community days, mural-making, Listening Stations, creative workshops, festivals and social media campaigns. Thanks to SA Health’s Rural and Remote Mental Health Services which made this year’s Rural Grants possible.

We once again published an opinion piece in InDaily and contributed to The Advertiser’s mental health campaign *Let’s Talk*, along with various community radio interviews promoting creative events.

Festival of Now & FOnline

In 2020 we planned for another Festival of Now held on Wauwi/ Light Square to promote wellbeing and showcase the contributions of those with lived experience of mental illness and creativity used in the healing journey. While COVID-19 initially only impacted our planning with a postponement, a second lockdown announcement in November saw our event reconfigured into an online format. This included a comprehensive online website with stakeholders represented via online stalls and a jam-packed Festival of Now Live Stream program via Zoom, Facebook and Youtube on December 4.

Despite the setbacks and new format, a successful online Festival of Now event was delivered, providing viewers and website visitors with a greater understanding of mental illness and its prevention, and providing an interactive, helpful (and lasting) interface for connection to non-clinical mental health services. The event was streamed by 917 individual devices across Facebook pages (Festival of Now, MHCSA, mindshare) and YouTube, which is equal to what we would have expected at a face-to-face event. We also had 715 visits to the Festival of Now website, and 1,500 page views.

AdMental 2021

AdMental is now in its fourth year and is going strong as we continue our partnership with Adelaide Advertising and Design Club (AADC), SA Health's Office of Public Health and the Don Dunstan Foundation. Once again we engaged Adelaide's emerging advertising creatives to produce an advertisement to "sell" mental health and wellbeing. Due to COVID-19 our 2020 event was postponed to May 2021 with the theme being youth mental health.

With over 200 attendees there was great engagement in the subject, and a dazzling MC in Hans The German. Honourable Stephen Wade, Minister for Health and Wellbeing was there to present the winner Dallas Rodgers with the Geoff Robertson Memorial award. Dallas' advertisement tackled the labels we wear and the stigma it can bring, with a message about supporting each other. Alice Reardon won the Audience Award for her advertisement that looked at anxiety and how it impacts on our life, with a great message around reaching out for help.

**Where to from here?**

South Australia's mental health system continues to struggle under the strain of demand. We see the myriad of problems and often it is hard to see the wood from the trees. Public commentary on mental health is growing however the focus continues on crisis presentations, wait times and ramping. Rarely we hear about the solutions of investing in community support, early intervention and prevention. While we work hard to influence this narrative, we cannot help but feel frustrated at the dominance of these unbalanced and outdated messages.

However, we do not lose hope and have been buoyed by the current leadership to reform mental health services via a range of initiatives in the SA Mental Health Services Plan. The Urgent Mental Health Care Centre was one significant step in this journey providing a more tailored alternative to help people manage their mental health crisis.

Our ongoing work with the NGO Redesign process is a key component of the Plan, which also advocates for a growing Lived Experience workforce, a housing first policy and a human rights lens. Investment in these elements can bring our mental health system in line with modern world understandings and potentially leading the country in meeting our human rights obligations.

Looking forward, we are moving into an election year for both State and Federal governments. Our challenge is to present evidence-based solutions to parties and candidates. Our focus will remain steadfast in communicating the stories of lived experience to help our community understand the importance of investing in community supports and particularly psychosocial support and housing.

2020-2021 FINANCIAL REPORT

INCOME STATEMENT FOR THE YEAR ENDED 30 JUNE 2021

	2021	2020
	\$	\$
INCOME		
Admental Event	13,566	-
Government Grant - Cash Flow Boost	-	79,328
Government Grant - COVID-19 NGO Grant	31,900	-
Government Grant - DOH ERO	80,812	69,647
Government Grant - DHS - ILC Workforce Development	-	109,000
Festival of Now Event	27,455	31,027
Government Grant - Innovation & Skills	125,419	-
Insurance Claim	2,143	-
Government Grant - DOH Mental Health Promotion	85,731	83,640
Government Grant - DOH Secretariat	336,656	328,445
Government Grant - IPRSS	-	80,500
Government Grant - Lived Experience Workforce	145,217	118,215
Peer Coop Project	50,000	109,604
Interest	2,399	5,375
Mental Health Week Events	4,032	16,308
MHISS Meetings	-	420
MHCC - ILC Reimagine	-	48,503
MHW Grants	13,800	10,000
NDIS & Mental Health Conference	239,342	-
Other	2,728	4,583
Subscriptions	25,487	24,267
Total Income	1,186,687	1,118,862
EXPENDITURE		
Accounting Fees	29,321	41,780
Admental Event	2,417	-
Audit Fees	6,810	6,450
Bad Debts	-	900
Bank Fees	947	813
Client Activities	4,729	2,284
Computers & Info Technology	23,443	7,160
Consultants	49,572	19,389
Depreciation	3,441	3,154
Forums & Events	27,137	32,202
Insurance	8,298	8,252
Marketing & Legal	12,890	5,212
Media Consultancy (Mindshare)	4,073	3,019
Meeting expenses	3,058	2,252
Memberships	7,802	9,061
Mental Health Promotion (inc Mental Health Week)	28,219	37,761
MH Online Directory	3,455	175
NDIS & Mental Health Conference	32,914	-
Payroll Expenses	745,272	652,649
Postage and Freight	521	320
Property Expenses	3,782	6,652
Repairs & Maintenance	1,984	-
Rent and Outgoings	37,151	27,148
Relocation Expense	10,821	-
Stationery and Printing	4,409	6,845
Telephone and Website	2,637	4,659
Training Expenses	3,840	21,324
Travel and Vehicle Expenses	2,027	8,512
Workplace Health and Safety	3,483	123
Total Expenditure	1,064,453	908,096
Surplus for the year	122,234	210,766

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2021

ASSETS

	2021	2020
	\$	\$
CURRENT ASSETS		
Cash and cash equivalents	914,538	713,171
Trade and other receivables	519	64,074
Prepayments	6,249	112,109
Total Current Assets	921,306	889,354
NON-CURRENT ASSETS		
Plant and equipment	16,638	6,107
Total Non-Current Assets	16,638	6,107
TOTAL ASSETS	937,944	895,461

LIABILITIES

	2021	2020
	\$	\$
CURRENT LIABILITIES		
Trade and other payables	63,106	74,661
Contract Liabilities - Income received in advance	124,194	221,756
Provisions	123,283	107,715
Total Current Liabilities	310,583	404,132
NON-CURRENT LIABILITIES		
Provisions	25,798	12,000
Total Non-Current Liabilities	25,798	12,000
TOTAL LIABILITIES	336,381	416,132

NET ASSETS

	2021	2020
	\$	\$
EQUITY		
Retained Earnings	469,329	258,563
Capital Reserve	10,000	10,000
Net Income/ (Loss)	122,234	210,766
TOTAL EQUITY	601,563	479,329

Note: This Report shows the Income Statement for the year ended 30 June 2021 and the Statement of Financial Position as at 30 June 2021. The full annual financial statements including these statements, the statement of Changes in Equity, the statement of Cashflows and the Notes to the financial statements have been audited, and will be sent via email to all members, and are available to any interested party on request via administration@mhcsa.org.au



**Mental Health Coalition of South
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