

LIVED EXPERIENCE WORKFORCE PROGRAM

Leading Lived Experience Workforce: Training for Line Managers of NGO Mental Health Lived Experience/Peer Workforce

About Our Training

The MHCSA in partnership with the Office of the Chief Psychiatrist, has co-produced training for leaders (current and emerging), whose role is/will be line managing mental health Lived Experience/Peer workers (herein referred to as 'Lived Experience workers') within the NGO sector. These workshops are non-accredited and are based on needs identified by Managers and Leaders, and current best practice.¹

The aim of this training is to support leaders to:

- Be aware of the underpinning foundations, values and principles of Lived Experience work
- Better understand Lived Experience as a skill set and its application to designated roles
- Understand why designated roles differs to other support roles or simply having lived experience and the practice support required to maintain role integrity
- Ask difficult questions and address the 'elephants in the room'
- Feel more confident in recruiting and leading Lived Experience workers in their organisations
- Share ideas and develop strategies for implementing best practice, developing Lived Experience workforce and embedding the role
- Increase confidence in leading and line managing Lived Experience (Peer) Workforce
- Promote an effective Lived Experience worker/leader working relationship
- Provide opportunity for connection and partnering across programs
- Support organisations to be part of the development of a sustainable, skilled and qualified Lived Experience workforce within SA

Cost

Each session runs for 4 ½ hours including a 30-minute break time for lunch. All costs include LEWP's delivery time, session resources, any post-session mail out with additional resources, travel and associated planning and administration costs.

Option a) Delivery at MHCSA organised venue

2 x 4.5-hour sessions:	\$1685.01 + GST
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Option b) Delivery at a venue provided by the NGO

2 x 4.5-hour sessions:	\$1415.01 + GST
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¹ 2015 LEWP Training Needs Analysis, CALHN Evaluation of the Lived Experience Workforce (2014), SA Health Lived Experience Workforce Project Management Consultation (2012) and ongoing session evaluations conducted by the LEWP (MHCSA) since 2017, Byrne, L., Wang, L., Roenfeldt, H., Chapman, M., Darwin, L., Castles, C., Craze, L., Saunders, M. *National Lived Experience Workforce Guidelines: Growing a Thriving Lived Experience Workforce. 2021*, National Mental Health Commission.

Session Outline

Session 1: Understanding Lived Experience work	
9.30-9.45am	<ul style="list-style-type: none">• Acknowledgments• Session outline and objectives, welcome and housekeeping
9.45-11.10am	<ul style="list-style-type: none">• Understanding lived experience work
11.10-11.20am	<i>Break – 10 mins</i>
11.20am-12.05pm	<ul style="list-style-type: none">• Strengths-based recruitment
12.05-12.35pm	<i>Break – 30 mins</i>
12.35-1.55pm	<ul style="list-style-type: none">• Building your skills
1.55-2pm	<ul style="list-style-type: none">• Wrap up

Session 2: Supporting Lived Experience Workers	
9.30-9.45am	<ul style="list-style-type: none">• Acknowledgments• Session outline and objectives, welcome and housekeeping
9.45-11am	<ul style="list-style-type: none">• Supporting Lived Experience workers• Q&A

11-11.10am	<i>Break – 10 mins</i>
11.10am-12.15pm	<ul style="list-style-type: none"> • The elephants in the room
12.15-12.45pm	<i>Lunch break – 30 mins</i>
12.45-1.45pm	<ul style="list-style-type: none"> • Building your skills
1.45-1.55pm	<ul style="list-style-type: none"> • Take away
1.55-2pm	<ul style="list-style-type: none"> • Wrap up

We Provide

Before the session:

- Collaboration with the organisation to plan the session
- Venue booking (unless organised by the NGO)

At the session:

- Trainer
- Presentation on USB
- Copies of all handouts required on the day

After the session:

- Post session mail out (link to Dropbox containing presentation slides, notes and other reading and resources)
- Report from collated Evaluation Forms
- Follow up support as required to continue developing your Lived Experience (Peer) Workforce e.g. through implementation of NGO Mental Health Lived Experience Workforce Standards and Guidelines

You Provide

Before the session:

- Collaboration with LEWP
- Venue (unless booked via MHCSA)
- Attendees – numbers to be provided to LEWP prior to each session

At the session:

- Resources for workshops e.g. butcher's paper, markers, pens, post it notes
- Laptop
- Projector or TV with speakers
- Whiteboard and markers
- Tea, coffee, water and any refreshments you wish to have

After the session:

- Any feedback to the LEWP that was not noted in Evaluation Forms
- Contact for any follow up support to continue developing your Lived Experience (Peer) Workforce

Further Information or to Book

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Cancellation Policy

We request that if you choose not to go ahead with booked training that you give us reasonable notice – preferably one month but no less than one week. This will allow us to re-allocate resources to other activities and avoid a potential booking fee being charged.

<https://mhcsa.org.au/lived-experience-workforce-program/>